

## HUBUNGAN KOMUNIKASI TERAPEUTIK PERAWAT DENGAN TINGKAT KECEMASAN PASIEN SUSPEK COVID-19

Lina Indrawati, Emilia Wahyuningsih, Hilda Meriyandah Agil

### Abstract

*Feeling stressed and anxious is a normal feeling when facing a crisis like the Covid-19 pandemic. This study aims to determine the relationship between nurse therapeutic communication and anxiety levels in suspected Covid-19 patients in the Covid-19 suspect room at Cibitung Medika Hospital in 2021. One of the factors that can reduce patient anxiety levels is by providing therapeutic communication to patients. According to Brunner & Suddart, there is a psychological effect felt by patients if they are given clear information about medical actions, health conditions, goals and benefits of the action, the impact of the action, as well as providing opportunities for patients to ask questions about illness. The more information obtained, the deeper concern will be reduced, which in turn will reduce anxiety in patients. This type of research is descriptive analytic observational with a cross-sectional method, the number of samples used is 27 suspected Covid-19 patients in Ranap 4A and Ranap 6. The sampling technique used is convenient sampling according to inclusion and exclusion criteria, the measuring instrument is a questionnaire and analysis, data using univariate and bivariate analysis. Statistical test results obtained that p value 0.000 < 0.05. So this shows that H0 is rejected, meaning that there is a relationship between nurse therapeutic communication and anxiety levels in suspected Covid-19 patients in the Covid-19 suspect room at Cibitung Medika Hospital in 2021.*

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#### ABOUT THE AUTHORS

Lina Indrawati  
ORCID ID STIKes Medistra  
Indonesia  
Indonesia

Emilia Wahyuningsih  
STIKes Medistra Indonesia  
Indonesia

Hilda Meriyandah Agil  
STIKes Medistra Indonesia  
Indonesia

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